



PROVERBS 3:5-6

TRUST ME

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Proverbs 3:5-6 NIV

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Travel is the movement of people between relatively distant geographical locations.

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PROVERBS 3:5-6

TRUST IN THE LORD WITH
ALL YOUR HEART

AND LEAN NOT ON YOUR
OWN UNDERSTANDING;

IN ALL YOUR WAYS
ACKNOWLEDGE HIM,

AND HE WILL DIRECT
YOUR PATH.

TRUST

NOUN | VERB

THE STRENGTH OF
SOMETHING OR SOMEONE

FIRM BELIEF

A HOPE OR
EXPECTATION

PROVEN ABILITY

RELIABILITY IN
THE TRUTH



TRUST ME

BY TRU OSBORNE

I've always considered myself to be a trusting person. I tend to give everyone the benefit of the doubt before completely removing a friend or even making one. In my world, trust began at 100% and my expectation of others was held at 0%. It never mattered to me if the person I placed my trust in could trust me back or not.

As much as I wanted to be trustworthy, my gift of trust was freely given and I was ok with that, until I started to realize that my relationship with trust was lacking spiritually. Every time a problem came up in my life, I worked so hard to make situations better in my own strength, believing that if I could be "more perfect" or "more consistent" I could overcome my challenges by will power alone. I started to question if I was as good at trust as I thought I was.

The part of my identity where trust existed began to crumble before my very eyes. I needed help understanding what trust really was and how I could revive or even renew my relationship with it. To accomplish this goal, I went into a 1 month deep dive into the world of trust, looking at every possible angle and asking every conceivable question to support my study. What is the definition of trust? Why is it necessary? What does God say about it? How can we build trust? What do we do when trust is broken? Can trust be repaired?

Join me as we journey to understand why trust is such a powerful and foundational tool in our discovery of the love of Jesus Christ. Prayerfully this message will help you as you redefine your relationship with trust as much as it did mine.

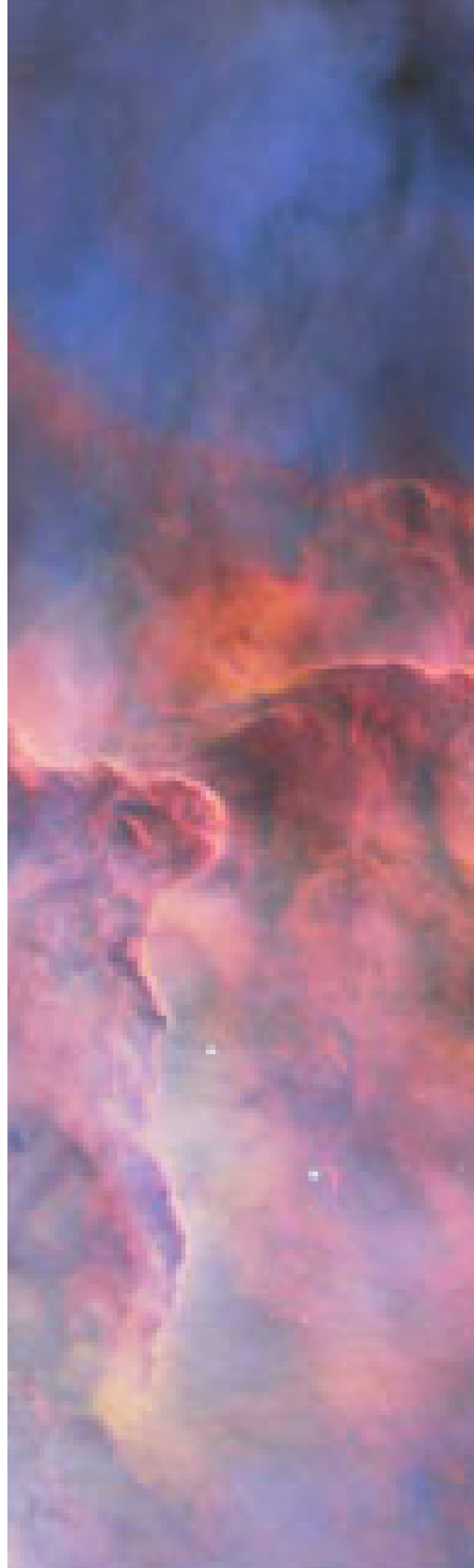
Trust is defined by Websters Dictionary as hope or expectation, reliability in the truth, a proven ability, and/or a firm belief in the strength of something or someone. This is good. I thought learning about trust would be more difficult. If this is all I need to know then developing a fresh perspective on trust is going to be a piece of cake! Of course, someone (my wife, Belraye Osborne) had to come along and ask me a question that pushed me deeper into my study. She asked, " If trust is built on the idea that you can believe in something or someone based on their ability, where are you when it comes to trusting in God?" I felt like someone took a 2-ton hammer and knocked the wind out of me. Again, I put in work thinking I could close the case on trust only to be faced with another harsh reality. Having defined trust, I knew I was trusting others at least 75% of the time but I wasn't sure if I really trusted God and that didn't sit well with me...

"Do you trust God the way you trust others?"

I needed to see trust from a God perspective. I wanted to be able to say that I did a fantastic job trusting in God, that my belief in Him was firm and that it was based on how great He's been to me and my family. I decided the best place to see how God feels about something is by researching the Scriptures. In my study, I came across a familiar passage in the book of **Proverbs 3:5-6**, "**Trust in the Lord with all your heart and lean not to your own understanding; in all your ways acknowledge Him, and He will direct your paths.**"

The feeling I felt after reading this popular passage of scripture was heart-wrenching. It was clear to me, that even after over 20 years of Christian living, I had a very basic knowledge and experience with trust. I needed to know how to fix this, so I looked deeper into this scriptural wisdom. In the Hebrew trust is **Batakh** which is, properly, "to cling to," and so passes to the meaning of "to confide in," "to set one's hope and confidence upon." The preposition *el* with Jehovah indicates the direction which the confidence is to take.

The author of Proverbs, King Solomon understood that the only way to develop a relationship with trust was to be sure that something or someone we place our confidence in can assure us a worthy result. His father David highlights this truth in the book of Psalm where he reflects this overall admonishment by saying,





"Trust [rely on and have confidence] in the Lord and do good; Dwell in the land and feed [securely] on His faithfulness.

Psalm 37:3

Commit your way to the Lord; Trust in Him also and He will do it."

Psalm 37:5

AMP

This changed everything! It wasn't that I had a horrible relationship with trust because I wanted to, I just hadn't realized that trust came with so many benefits. Benefits humans couldn't provide or delay. I

finally understood that the only way for me to redefine my relationship with trust was to settle in the truth that God's desire for me is to experience the best of what life has to offer. In his amazing wisdom He knew that placing my trust in Man would only lead me towards disappointment and a jacked up identity. His word became the greatest medicine.

I am not a fan of hospitals or doctors but I know that visiting them once in a while is the right thing to do. There is something invasive about needles and machines evaluating my body, only to respond with information I can barely interpret without the help of someone qualified to evaluate the data. After marriage, my wife insisted that we get regular physicals and screenings to manage our health because shes a genius. If it was up to me we would just eat more kale and hope for the best! I didn't trust these medical institutions. My experience with them was less than pleasant and I didn't feel comfortable creating an opportunity to be let me down again.

"God's desire is for me to experience the best that life has to offer."

Proverbs helped me to understand that my relationship with trust was shaped by experiences with things or people who weren't designed to meet my standards. Only God has the proven ability and track record to bring my trust meter to 100% again. I spent so much time "leaning on my own understanding" that I couldn't perceive what God was teaching me.

When our trust is securely directed towards God, even when situations don't end the way we want them to, they are always working in our favor. David made sure to instruct Solomon of this truth so that his rule as King would be based on full reliance, a clinging to the love of God The Creator. Solomon left us a key for survival when he said we should "...acknowledge Him in all your ways..." I no longer need to compartmentalize where trust is most effective in my life or what the benefit of trusting is. I lost trust in others as well as myself because I didn't settle my belief on the knowledge of God's plan for my life. My relationship is renewed because I am aware that I can only lose trust if I place it in the hands of people who grow like me, fail like me, and learn like me.

I pray this message blesses you and inspires you to do your own deep dive into the powerful world of trust!

TRUST ME | PROVERBS 3:5-6

THE TRUSTED PRAYER

HEY GOD,

I REALLY WANT TO TRUST YOU, BUT OTHERS HAVE HURT ME SO MUCH I'M NOT SURE HOW. HELP ME TO SEE THAT YOU HAVE A PLAN TO HELP ME LIVE A FULL LIFE IN YOU. SHOW ME THAT YOU'RE THE BEST CANDIDATE TO POUR MY TRUST IN.

HELP ME TO DISCERN THE RIGHT PEOPLE TO TRUST SO THAT I CAN BELIEVE THEY ARE CONNECTED TO YOUR PLAN TO PROSPER ME. SHOW ME THAT YOUR PRESENCE CAN OVERRIDE ALL MY DOUBT AND FEAR.

AS I LEARN MORE ABOUT YOU AND YOUR WILL FOR MY LIFE, REVEAL TO ME THE DEPTH OF YOUR PERFECT LOVE AND REVIVE MY TRUST METER WITH YOU AS THE FOCUS. IN JESUS NAME, AMEN.

SALVATION

1

ACCEPT

THAT JESUS CAME TO EARTH SO THAT YOU COULD KNOW THE FULLNESS OF GOD'S LOVE THROUGH HIM WITHOUT ANY WAY OF EARNING THAT LOVE THROUGH WORKS.

2

BELIEVE

THAT THE ONLY WAY TO GOD THE FATHER IS THROUGH HIS SON JESUS AND THAT HE DIED, WAS BURIED AND RESURRECTED TO MAKE THAT PATHWAY CLEAR AND EASY FOR ALL WHO TRUST HIM TO BELIEVE.

3

CONFESS

THAT YOU DON'T HAVE IT ALL FIGURED OUT AND THAT YOU RECOGNIZE THAT EVERYTHING ELSE YOU'VE TRUSTED IN HAS NOT SUCCEEDED. RELEASE THE GUILT AND SHAME OF FAILURE AND CLING TO THE LOVE OF GOD THAT IS DESIGNED TO CARRY YOUR BURDENS AND SHOULDER YOUR WORRIES. DECLARE THAT THERE IS ROOM IN YOUR HEART FOR JESUS TO LIVE AND THAT YOU WANT HIM TO FILL YOUR LIFE WITH THE PROMISE OF HIS PRESENCE.

Welcome Home!

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